

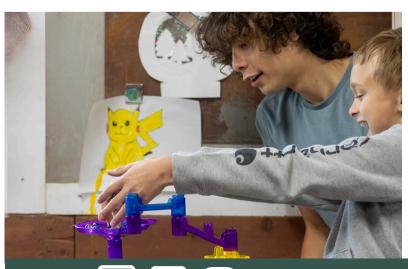
What is Youth Counseling?

Youth Counseling is a long-term, one-on-one youth development initiative designed to support individuals aged 5 to 25 who are navigating mental health challenges or disabilities.

Participants are paired with dedicated Youth Counselors to work collaboratively on personalized goals, fostering growth and development.

Youth Counselor's Role

- Caregiver Collaboration
 Youth Counselors actively engage with participants' caregivers to ensure a cohesive support system.
- Session Planning
 They design goal-oriented sessions tailored to each participant's unique needs and aspirations.
- Transportation
 Youth Counselors provide transportation to and from sessions, making our program accessible to all participants.
- **Documentation**Each session is documented to track goal progress.





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